



## An In Vitro Study to Assess the Root Canal Morphology of Human Primary Molars Using Computerised Tomography

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### Abstract

**Background:** A virtuous consideration of root canal morphology is required. Complications all through and after endodontic therapy are frequently caused by variances in the anatomy of root canals in primary teeth. The goal of present study was to determine the number and shape of root canals in primary incisors and molars, as well as the pertinency of cone beam computerised tomography (CBCT) in doing so. **Material & Methods:** On a total of 60 primary molars and incisors with complete root length, CBCT was used to assess the number of roots, number of canals, width of root canal at cemento-enamel junction and middle-third, length and angulations of roots. The information was statistically analysed. **Results:** The CBCT revealed that 13 percent of mandibular incisors had bifurcation of the root canal in the middle third, while 20% of mandibular molars had two canals in the distal root. The distobuccal root canal diameter of maxillary molars and the mesiolingual canal diameter of mandibular molars were determined to be the smallest. **Conclusions:** Cone beam computed tomography (CBCT) is a comparatively new and effective technology that can be used in conjunction with conventional radiography to examine variations in root canal morphology in primary teeth.

**Keywords:-** Pedodontics, Preventive Dentistry Cone beam computerized tomography, CBCT, primary teeth, root canal morphology.

### INTRODUCTION

Radiography, methy salicylate clearance, direct observation under microscope, three-dimensional (3D) reconstruction, and macroscopic sections are all used to study root canal anatomy.<sup>[1,2]</sup> In human teeth, direct examination with a microscope, macroscopic sections, filling of canals with inert material and subsequent decalcification, filling of canals, and clearing have all been done to learn more about root canal anatomy.<sup>[3,4]</sup> All of mentioned approaches, however, had

significant drawbacks because the majority of the link between the exterior structure and the pulp was lost during sample processing. As a result of these flaws, 3D approaches have been developed.<sup>[5]</sup> The introduction of (3D) imaging has given clinicians a better knowledge of tooth morphology and made interactive image modification and enhancement easier, allowing them to perceive the forte as a 3D volume.<sup>[6,7]</sup> The use of computed tomography (CT) for imaging teeth has aided breakthroughs in the field of radiology. Cone beam computerised tomography (CBCT), the most recent technique

established in dentistry ever since 1991 for imaging hard tissues of the maxillofacial region, has been rapidly expanding. There are various advantages to CBCT.<sup>[8,9,10]</sup> First and foremost, CBCT is an office-based imaging technique that can be completed whenever needed; second, CBCT attains volumetric data in a single rotation with a short scan time; third, CBCT yields high-quality images with higher spatial resolution than multi-slice CT; and, finally, CBCT stances fewer risks to patients due to the lower radiation dose vital. In the realm of endodontics, the efficacy and significance of CBCT to the practise of endodontics is being documented with collective incidence.<sup>[11]</sup> As a result, the purpose of this study was to determine the number and morphology of root canals in primary incisors and molars, as well as the pertinence of CBCT in determining root canal morphology in primary incisors and molars.<sup>[12]</sup>

## MATERIAL AND METHODS

The study was conducted by Department of Pedodontics & Preventive Dentistry, Indira Gandhi Govt Dental College & Hospital, Jammu. The study used 60 molars and incisors teeth with full root length and no indications of root fracture from the sample obtained. These samples were then separated into 2 primary groups, Group A and Group B, each of which was further subdivided.

### Group A: Primary incisors - 30

- Subgroup A 1 - 15 maxillary incisors
- Subgroup A 2 - 15 mandibular incisors

### Group B: Primary molars - 30

- Subgroup B 1 - 15 maxillary molars

- Subgroup B 2 - 15 mandibular molars.

The teeth were washed in flowing water after being cleansed with soap. If calculus was present on the root surface, it was removed with hand scalers and preserved in individual glass containers containing a 10% formalin solution. After defining the various properties of the tooth, such as buccal, lingual, mesial, and distal, the teeth were mounted in a straight line on modelling wax to retain uniformity in the samples. The mounted teeth were then scanned with a CBCT scanner and ported to the vision preview screen for 2D and 3D reconstruction pictures in three planes, namely sagittal, axial, and coronal, using i-CAT Imaging Sciences International, Hatfield, Pennsylvania, USA, Hatfield software. Once the sample data was acquired or data for a sample was loaded the software immediately reconstructs the tooth images in sagittal, axial and coronal planes. The length and the angulation of each root were measured by taking the maximum length from the apex of the tooth to the greatest area of constriction as a cemento-enamel junction (CEJ). Regardless of the varied characteristics of the canal, the diameter of each root canal was recorded at its largest diameter from the cross section of the roots.

### Statistical analysis

The data collected throughout the scanning procedure was statistically analysed. For all five parameters, descriptive statistics were employed to regulate the frequency, mean, standard deviation, and range:

1. Number of roots;
2. Angulation of the roots;

3. Number of the root canals;
4. Diameter of the root canals;
5. Length of the roots.

To compare the aforesaid values between subgroups A 1 and A 2, an unpaired t-test was performed, and an analysis of variance test was utilised to analyse the parameters contained by subgroups B 1 and B 2.

### RESULTS

A single canal was discovered in 87 percent of mandibular incisors, while a single canal with bifurcation in the middle-third was detected in the remaining 13% of samples. Furthermore, all mandibular molars had two canals (100%) on the mesial root, one canal (80%) on the distal root, and two canals on three samples of mandibular molars (20.0 percent) [Table 1] When the mean root length of incisors was compared, it was discovered that the mean root of mandibular incisors was longer than that of maxillary incisors. However, when the mean root length of molars was examined within subgroups, it was shown that the palatal root of the maxillary molar was the

longest while the distobuccal root was the shortest, and that the mesial root of mandibular molars was longer than the distal root [Table 2]. When the mean angulation of root of incisors was compared to maxillary incisors, it was discovered that the angulation of root of mandibular incisors was less. The mean angulation of the mesial root was greater than that of the distal root in mandibular molars, while the difference was statistically insignificant in maxillary molars [Table 3]. The diameter of the canal was larger in maxillary incisors than in mandibular incisors, according to a comparison of mean canal diameter of incisors at CEJ. The maximum diameter in individual third of the root was detected in the palatal canal in maxillary molars, whereas in mandibular molars, it was seen in the distal canal [Table 4]. In comparison to mandibular incisors, the canal diameter of maxillary incisors in the middle third was larger. The palatal canal had the largest root canal diameter in maxillary molars, while the distal canal had the largest diameter in mandibular molars [Table 5].

**Table 1:** Number of canal in each subgroup

Group	No. of canal	Frequency	Percent
Subgroup A <sub>1</sub>	1	15	100.0
Subgroup A <sub>2</sub>	1	13	86.7
	Single canal with bifurcation in middle third	2	13.3
Subgroup B <sub>1</sub>			
Mesiobuccal	1	15	100.0
Distobuccal	1	15	100.0
Palatal	1	15	100.0
Subgroup B <sub>2</sub>	2	15	100.0
Mesial	1	12	80.0
Distal	2	3	20.0

**Table 2:** Length of root of each subgroup

Group	Number	Minimum	Maximum	Mean	Standard deviation	t value	P value
Subgroup A <sub>1</sub>	15	6.40	9.60	8.14	0.93	3.2767	0.0028*
Subgroup A <sub>2</sub>	15	7.05	12.27	9.52	1.34		
Subgroup B <sub>1</sub>							
Mesiobuccal root	15	6.27	8.90	7.75	0.77		0.347
Distobuccal root	15	6.07	9.05	7.61	0.70		
Palatal root	15	5.68	9.34	8.03	0.90		
Subgroup B <sub>2</sub>							
Mesial root	15	6.13	12.25	8.28	1.35		0.062
Distal root	15	4.32	10.40	7.18	1.73		

\*P value is significant at 5% level

**Table 3:** Angulation of root of each subgroup

Group	Number	Minimum	Maximum	Mean	Standard deviation	t value	P value
Subgroup A <sub>1</sub>	15	81.30°	99.50°	90.05°	0.93	0.5767	0.5688
Subgroup A <sub>2</sub>	15	80.90°	109.30°	91.41°	7.46		
Subgroup B <sub>1</sub>							
Mesiobuccal root	15	67.00°	89.70°	81.02°	6.53		0.107
Distobuccal root	15	67.90°	98.10°	83.80°	7.22		
Palatal root	15	67.90°	88.90°	78.47°	6.38		
Subgroup B <sub>2</sub>							
Mesial	15	78.8°	90.6°	84.90°	3.92		0.488
Distal	15	81.0°	89.0°	85.71°	2.14		

\*P value is significant at 5% level

**Table 4:** Diameter of canals at CEJ in each subgroup

Group	Number	Minimum	Maximum	Mean	Standard deviation	t value	P value
Subgroup A <sub>1</sub>	15	1.27	3.01	2.10	0.52	4.3967	0.0001*
Subgroup A <sub>2</sub>	15	0.90	1.82	1.44	0.26		
Subgroup B <sub>1</sub>							
Mesiobuccal	15	0.90	1.80	1.18	0.26		0.000*
Distobuccal	15	0.40	1.45	1.17	0.25		
Palatal	15	1.90	3.20	2.56	0.37		
Subgroup B <sub>2</sub>							
Mesiobuccal	15	0.71	1.50	1.15	0.25		0.000*
Mesiolingual	15	0.50	1.68	1.03	0.34		
Distal	12	1.80	3.82	2.48	0.65		
Distobuccal	3	1.01	2.02	1.43	0.52		
Distolingual	3	0.80	0.90	0.86	0.06		

\*P value is significant at 5% level, CEJ=Cementoenamel junction

**Table 5:** Diameter of canals at middle third in each subgroup

Group	Number	Minimum	Maximum	Mean	Standard deviation	t value	P value
Subgroup A <sub>1</sub>	15	0.90	2.85	1.69	0.58	3.0532	0.0049*
Subgroup A <sub>2</sub>	15	0.71	1.75	1.16	0.34		
Subgroup B <sub>1</sub>							
Mesiobuccal	15	0.30	1.20	0.97	0.22		0.002*
Distobuccal	15	0.29	1.12	0.85	0.22		
Palatal	15	0.45	2.38	1.33	0.53		
Subgroup B <sub>2</sub>							
Mesiobuccal	15	0.35	2.06	0.96	0.44		0.000*
Mesiolingual	15	0.25	1.12	0.68	0.24		
Distal	12	0.35	3.72	1.70	0.90		
Distobuccal	3	0.79	1.52	1.10	0.38		
Distolingual	3	0.56	0.79	0.69	0.12		

\*P value is significant at 5% level

## DISCUSSION

The incapacity to recognise and so appropriately deal with every canal of the root canal organization is extensively acknowledged as the leading etiologic aspect of root canal treatment failure.<sup>[10,11,12]</sup> The number of canals was one, but in case of mandibular incisors, single canal was seen in 87% while in the remaining 13%, a single canal with bifurcation in middle-third was seen. It correlates to Type III canal configuration of permanent teeth by Vertucci,<sup>[11]</sup> but these findings are in contrast to the finding reported by Zurcher,<sup>[13]</sup> which exhibited the existence of two canals in less than 10% of cases. The mesial root of primary mandibular molars had two canals in 100% of the samples, namely mesiobuccal and mesiolingual, while the distal root had two canals in 20% of the studies and one canal in the remaining 80% of the samples. Hibbard and Ireland,<sup>[14]</sup> Zoremchhingi et al.<sup>[2]</sup> and Aminabadi et al.<sup>[15]</sup> found more than one canal in 25%, 40%, and 20% of distal roots, respectively, but only one canal in each of the

mesiobuccal, distobuccal, and palatal roots in Subgroup B 1. Yang et al.<sup>[16]</sup> found in another study published in 2012 that extensive acquaintance of roots and root canal architecture is necessary to increase endodontic accomplishment in primary teeth. The mainstream of primary mandibular second molars had three to four canals, according to the author, and comparable results were obtained in the current study. Mean root length of maxillary incisors was found to be 8.14 mm with the maximum and minimum root length was 9.60 and 6.40 mm, respectively, these findings are in contrast to Parab (10.00 mm).<sup>[17]</sup> In mandibular incisors, the mean root length was 9.52 mm, but the root length reported by Parab was less compared to the present study.<sup>[17]</sup> In maxillary molars, the palatal root was found to be longest compared to mesiobuccal and distobuccal, which was in accordance with Zoremchhingi et al.<sup>[2]</sup> In this present study, there was a discrepancy between the length of mesial root of mandibular molar and the length of root given

by Zoremchhingi et al. (7.57 mm) and Parab.<sup>[2,17]</sup> The difference in the fallouts of the present study and the study conducted by Parab can be attributed to the fact that in this study samples were limited to only Indian residents,<sup>[17]</sup> whereas the samples for Black study were selected from US population and the radiographs were taken to study the morphology of primary teeth. The present study ascertained that the angulation of root of mandibular incisors (91.41°) was more as compared to that of maxillary incisors (90.05°). On comparing the mean angulation of root of maxillary incisor and mandibular incisor, no significant difference was found. In maxillary molars the distobuccal root had the maximum angulation of 98.10° with a mean of 83.80° and minimum angulation was seen in case of mesiobuccal root of 67.00° with a mean of 81.02°. However, these observations are a contrast to what Zoremchhingi et al.<sup>[2]</sup> reported, but in subgroup B 2 the findings are favoured by the observations reported by Zoremchhingi et al.<sup>[2]</sup> The diameter of canals was gauged at the CEJ and at the middle third. In incisors, the diameter of canals was more at the CEJ area compared with the middle-third, which depicts the tapering of the canal from CEJ to the middle-third. Comparison of mean canal diameter of maxillary incisors and mandibular incisors exhibited that the diameter of the canal was more in maxillary incisors both at CEJ and middle-third. In maxillary molars, the palatal canal exhibited the maximum diameter, which was found in

accord with the studys accomplished by Zoremchhingi et al.<sup>[2]</sup> and Aminabadi et al.<sup>[15]</sup> whereas the findings of subgroup B2, showed maximum diameter of the canal at CEJ in distal root.

## CONCLUSIONS

The root canals of maxillary incisors tapered more gradually than those of mandibular incisors, according to our findings. Mandibular incisor roots were discovered to have higher angulation than maxillary incisor roots. Only 13% of mandibular incisors had bifurcation of the root canal in the central portion of the tooth. The maxillary molar's distobuccal root canal was discovered to be the thinnest, while the mandibular molar's mesiolingual canal was revealed to be the thinnest. The distobuccal root of the maxillary molar was discovered to be the smallest, while the palatal root of the maxillary molar was shown to be the longest. The mesial root of mandibular molars was longer than the distal root. In 20% of people, the distal root of their mandibular molars had two canals: distobuccal and distolingual. The primary maxillary molar's distobuccal root was found to be more divergent than the other two roots, whereas the primary mandibular molar's mesial root was shown to be more divergent than the distal root. The root canal diameter, angulation, and morphology of primary teeth were studied using CBCT, which proved to be an effective and accurate diagnostic technique.

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