

# CURRICULUM VITAE



## Nazim Nasir

Father's Name : Nasir Ahmad

Nationality: Indian

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Address: 35/A Ali Nagar Colony, Behind Dhorrah Bypass, Aligarh202002, UP, India

Date of Birth : 14th July 1981

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Medical Registration No (MBBS): 27796

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### EDUCATIONAL QUALIFICATION

- **M.D ( Anatomy)**, J.N. Medical College, AMU, Aligarh (2008-2011).
- **M.B.B.S**, J.N. Medical College, AMU, Aligarh. Passed M.B.B.S. in 2004.

### WORK EXPERIENCE

- **Postgraduate Residency:** Department of Anatomy, Jawahar Lal Nehru Medical College, AMU Aligarh. Three years residency programme (2008 – 2011) included training in Gross Anatomy, General Anatomy, Embryology, Histology, Neuro-anatomy and osteology. My duties also included :
  - Taking demonstration classes, teaching on dissection table, histology lab, osteology lab and taking regional anatomy classes of undergraduate MBBS students.
  - Seminars and journal club presentations.
  - **Research Work:** Undertaken thesis during PG residency entitled “**Effects of Stress induced Depression and Antidepressant Drugs on the Hippocampus of Adult Albino Rats**”.
  - Worked as **CMO** in Metro Heart Institute shadipur from February 2006 To May 2008.
  - Completed 1 year Compulsory **Rotatory Internship** from January 2005 to January 2006. During this tenure attended routine O.P.D and did I.V cannulation, urinary catheterization, vaccination techniques, ascitic tap, pleural tap, lumbar puncture, POP cast application, conducted normal vaginal deliveries and episiotomies and assisted in major surgical procedures.
  - Joined as Assistant Professor in Department of Anatomy at NIMS MEDICAL COLLEGE, NIMS UNIVERSITY, Jaipur from 1<sup>st</sup> July 2011 to 3<sup>rd</sup> March 2012.
  - Done basic workshop in Medical Education Technologies 3<sup>rd</sup> – 5<sup>th</sup> November, 2011 at Jaipur.
  - Worked at JNMC AMU as Assistant Professor in Department of Anatomy from 5<sup>th</sup> of March 2012 to 20<sup>th</sup> September 2012.
  - Joined as Assistant Professor in King Khalid University on 21<sup>st</sup> of September 2012.
  - Promoted to Associate Professor in King Khalid University on 21<sup>st</sup> of September 2015, and currently working in KKU at Abha, KSA.

### WORKSHOPS / CONFERENCES ATTENDED

- ECG Workshop held at JN Medical College, AMU, 2005.
- Training programme on HIV/AIDS prevention and treatment awareness, 2006.
- Symposium on Limb Salvage in Malignant Bone Tumors, AMU, 2009.
- UP ASICON Annual Conference of U.P. Chapter of Anatomical Society of India Meerut 2009.
- Critical Care Update, AMU 2005
- National Conference on Advances in Petroleum Refining and Petrochemical technologies AMU, 2009

- National Symposium on Advances in Clinical biochemistry-biomarkers, molecular diagnosis and quality assurance and 1<sup>st</sup> U.P. Chapter of association of clinical biochemists in India (UPACBICON) AMU, 2008
- SIMEC-2014 at Qassim University, Student's Perception on Objective Structured Practical Examination in College of Applied Medical Sciences; **Nazim Nasir**, Mohammad Rehan Asad, Waqas Sami, Khwaja Mohammad Amir

### **Administrative posts held:**

- Head of Anaesthesia technology department from August 2015 till now.
- Head of Research committee in college of Applied Medical Sciences from Jan. 2013 till now
- Head of e-learning Committee in college of Applied Medical Sciences from Feb. 2013 till now.
- Campus Proctor at National Institute of Medical Sciences from Sept. 2011 till February 2012.
- Secretary for Continuous Education Committee since 2012.
- Secretary for Postgraduate studies Committee since 2012.

### **PAPERS PRESENTED**

- **NAZIM NASIR and AIJAZ A KHAN** Effects of Stress-induced Depression and Antidepressant Drugs on CA3 Region of The Hippocampus of Adult Albino Rat in 58th National Conference of Anatomical Society of India held at Pune,2010.

### **POSTER PRESENTATION**

- **NAZIM NASIR HUSSAINI SYED HAIDER MEHDI, AZFAR MATEEN** Biomarkers for early detection of Cance, (UPACBICON) AMU, 2008
- **AZFAR MATEEN HUSSAINI SYED HAIDER MEHDI, NAZIM NASIR** BIOMARKERS PAST PRESENT AND FUTURE, (UPACBICON) AMU, 2008.
- **Nazim Nasir, Mohammad Rehan Asad, Waqas Sami, Khwaja Mohammad Amir**; Student's Perception on Objective Structured Practical Examination in College of Applied Medical Sciences, SIMEC, QASSIM UNIVERSITY, 2014

### **PAPERS ACCEPTED**

1. Nasal Index Comparison in different indian population **Nazim Nasir** and Mohammad Rehan Asad, Waqas Sami, Sumbul Nasir; Majmaah Journal of Health Sciences

### **PAPERS PUBLISHED**

1. Effects of stress-induced acute depression and antidepressant drugs on CA3 region of hippocampus of albino rats; **Nazim Nasir** and Aijaz Ahmed Khan; Current Neurobiology 2011; 2 (1): 31-34  
[http://currentneurobiology.com/yahoo\\_site\\_admin/assets/docs/cn2-1-5-Nazim-Aijaz1.64173019.pdf](http://currentneurobiology.com/yahoo_site_admin/assets/docs/cn2-1-5-Nazim-Aijaz1.64173019.pdf)
1. Effects of Stress-induced Chronic Depression and Antidepressant Drugs on CA3 Region of Hippocampus of Albino Rats; **Nazim Nasir** and Aijaz Ahmed Khan; Current Neurobiology 2011; 2 (2):  
[http://www.currentneurobiology.com/yahoo\\_site\\_admin/assets/docs/4-Nazim-Aijaz.291163742.pdf](http://www.currentneurobiology.com/yahoo_site_admin/assets/docs/4-Nazim-Aijaz.291163742.pdf)
2. A rare instance of a tendinous interconnection between flexor hallucis longus and flexor digitorum accessorius; Upendra Kumar GUPTA, **Nazim NASIR**; International Journal of Anatomical Variations (2013) 6: 18–19;  
[http://www.ijav.org/2013/ijav\\_2013\\_018-019.pdf](http://www.ijav.org/2013/ijav_2013_018-019.pdf)
3. Effects of stress induced chronic depression and antidepressant drugs on CA4 region of hippocampus in adult albino rats; **Nazim Nasir** and Mohammad Rehan Asad; International Journal of Current Research Vol. 5, Issue, 04, pp.943-944, April, 2013  
<http://www.journalcra.com/sites/default/files/Download%203278.pdf>

5. Effects of flouride on CA3 region of hippocampus in adult albino rats; **Nazim Nasir** Mohammad Rehan Asad; Journal of Asian Scientific Research, 2013, 3(7):729-733  
[www.aessweb.com/download.php?id=2116](http://www.aessweb.com/download.php?id=2116)
6. Gentamicin induced biochemical changes in auditory cortex of adult albino rats; Asad Mohammad Rehan, **Nasir Nazim**, Afzal Kamran, Sami Waqas, Jafari Fahim Haider; Journal of Asian Scientific Research, 2013, 3(9):876-881  
[www.aessweb.com/download.php?id=2237](http://www.aessweb.com/download.php?id=2237)
7. Effects of stress induced chronic depression and antidepressant drugs on dentate gyrus of hippocampus in adult albino rats, **Nazim Nasir** and Nidhi Sharma; International Journal of Development Research Vol. 3, Issue, 05, pp.027-029, May, 2013  
<http://www.journalijdr.com/sites/default/files/1001-031.pdf>
8. Vertical Orientation of Cervical Part of Vertebral Canal in the Human Foetuses; Nidhi Sharma, **Nazim Nasir**, Tarun Prakash Maheshwari; Indian Journal of Anatomy Volume 2 Number 2, July - December 2013;
9. Histological effects of fluoride on cerebrum of adult albino rats; Fazal-ur-Rehman, **\*Nazim Nasir**; International Journal of Development Research Vol. 4, Issue, 2, pp. 286-288, February, 2014.
10. Determination of Gestational Age by Measurements of Hand-A Morphometric Study in Human Foetuses; Mohd Arshad, Farah Ghaus, **Nazim Nasir**, M.Tariq Zaidi; SHRINKHALA : VOL-1 \* ISSUE-9\*MAY-2014
11. Estimation of height from measuring foot, hand and head length in Northern Indian population; **Nazim Nasir** and Mohammad Rehan Asad, Waqas Sami, Sumbul Nasir; MJHS-2015 volume 3, issue-1.
12. Role of Living and Surface Anatomy in Current Trends of Medical Education; **Nasir N**, Asad MR, Vol-1 Issue-2 2015 IJARIII-ISSN(O)-2395-4396
13. Student's Perception on Objective Structured Practical Examination in College of Applied Medical Sciences; **Nazim Nasir**, Mohammad Rehan Asad, Waqas Sami, Khwaja Mohammad Amir; International Journal of Advanced Research (2015), Volume 3, Issue 6, 535-540
14. Morphometric Analysis of Human Foetal Head and its correlation with gestational age; Nazim Nasir, Mohd Arshad, Nafis A. Faruqi; Periodic Research Volume- III Issue- IV, May 2015; pp 1-5
15. Determination of Gestational Age by Measurements of Hand-A Morphometric Study in Human Foetuses; Mohd Arshad, Farah Ghaus, Nazim Nasir, Tariq Zaidi; Asian Resonance Volume III, issue IV, october 2014; pp-41-44.
16. A Spinous projection from superior Ramus of Pubis- A case Report; Farah Ghaus, Nafis Faruqi, Ansari, Nazim Nasir, Nidhi Sharma; Journal of Research in Medical Education & Ethics Vol. 5., No. 1, March 2015; pp-68-69
17. Micro-morphometric study of skin in developing human fetuses and its clinical relevance; Fazal ur Rehman, Nazim Nasir; International Journal of Anatomy and Research 5(1.2):3496-3500 · February 2017 DOI: 10.16965/ijar.2016.508

## **BOOK PUBLISHED**

Published a book from my thesis work in Germany by Lambert Publications

### **Depression and Hippocampus**

The Great Neurons

Nazim Nasir, Aijaz A Khan

LAP Lambert Academic Publishing

ISBN 978-3-8443-0414-5, paperback, 80 Pages

[http://www.bod.com/index.php?id=3435&objk\\_id=468165](http://www.bod.com/index.php?id=3435&objk_id=468165)

### **Academic Affiliations:**

**External reviewer for Majmaah Journal of Health Sciences (MJHS).**

**Member of Advisory board of *Reviewers of Progress International Weekly Medical Research Journal***

**External Reviewer for Ministry of Higher Education**

#### **EXTRA CURRICULAR ACTIVITIES**

- Participated and organised pulse polio programs for eradication of polio.
- Active member of college drug bank society for destitute and poor patients.
- Organised various health camps and blood donation camps for the society.

#### **PERSONALITY TRAITS**

- Fast learner, adaptable, likes to learn new skills.
- Interested in undertaking academic classes.
- Managerial skills.

## **REFERENCES**

- Prof. Aijaz Ahmed Khan  
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Department of Anatomy, JN  
Medical College, AMU, Aligarh.  
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(Dr. Nazim Nasir)

- Prof. Nafis Ahmad Faruqi  
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