

## CURRICULUM VITAE

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Dr. Rehana Najam  
MBBS, D.G.O., MS.

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**Current Status:** Professor, Department of Obstetrics and Gynecology Teerthanker Mahaveer Medical College, Moradabad

**Special Interest.** Laproscopic Surgery, Emergency Obstetrics and Infertility.

- **Name** - **DR. REHANA NAJAM**
- **Date of birth** - **21.06.1973**
- **Permanent/Postal address** - 783/1Zaidi Nagar Society Meerut.(250001)
- **Registration No:** **MCI 21318.**

### Educational Qualification-

- **M.B.B.S.**, August 1993 to Dec. 1997, J.N.Medical College, A.M.U., Aligarh.
- **D.G.O.**, February 2000 to July 2002 J.N.Medical College, A.M.U., Aligarh.
- **M.S. Obstetrics and Gynecology**, July 2002 to July 2005, J.N .Medical College, A.M.U., Aligarh.

**Professional Experience:-** Rotatory Internship for one year from J.N.Medical College Hospital, A.M.U. Aligarh.

- **Junior Resident:** - Department of Obs & Gyn. J. N. Medical College Hospital, A.M.U. Aligarh, w.e.f. February 2000 to July 2005. First as a student of D.G.O. and the as a student of M.S.

### Assistant Professor:-

- 01.09.2006 to 3.09.2007- Muzaffarnagar Medical College, Muzaffarnagar, U.P
- 04.09.2007 to 15.07.2011 - Teerthanker Mahaveer Medical College & Research Centre, Moradabad - U.P

### Associate Professor:-

- 16.07.2011 to 31.03.2013 - Teerthanker Mahaveer Medical College & Research Centre, Moradabad - U.P

- 01.04.2013 to 20.05.2013 -S.H.K.M. Govt. Medical College, Nalhar, Mewat. Haryana.
- 21.05.2013 to till date -Teerthanker Mahaveer Medical College & Research Centre, Moradabad - U.P. to till date
- **A total of 15 years of experience in Obstetrics and Gynecology, in various teaching hospitals.**

**Research Experience:-**

1. Presented thesis titled **“Evaluation of dysfunctional uterine bleeding and comparison of different modes of treatment.”**

**Ongoing Studies: -**

- 1) Assessment of efficacy and safety of Intravenous iron sucrose in antenatal anemic subjects : our experience.
- 2) Vaginal birth after caesarean section a critical review at Teerthanker Mahaveer Medical College Hospital.

**Research Papers:-**

| <b>Publications as Professor<br/>Research Article</b> |  |  |  |                            |
|---|--|--|--|----------------------------|
| <b>Sr. No</b>   | <b>Title of paper</b>  | <b>Author's name</b>                             | <b>Name of Journal</b>                                   | <b>Year, Vol. Page</b>     |
| 1.  | The Prospective study of the incidence, etiological factors and maternal outcome in pre-labour ruptured membranes (Term and Pre-term).                                   | Astha Lalwani,<br>Rehana Najam:                  | Annals of International Medical and Dental Research,     | 2016 Vol (2), Issue (2)    |
| 2.  | Evaluation and comparison of umbilical artery Doppler and modified biophysical profile in detection of perinatal outcome in high risk pregnancies                        | Gupta Sarika,<br>Najam R;                        | Journal of UP Chapter Obstetrics and Gynaecology in the. | June, 2015 issue           |
| 3.  | Pattern of Presentation of obstetrical emergencies with reference to sociodemographic profile, antenatal care and maternal and fetal outcomes in a tertiary care centre, | Najam R, Gupta Sarika,<br>Chowdhury HH;          | Acta Medica International Journal for                    | 2015 Vol 2(1) 105-110      |
| 4.  | Prevalance of Rh Negative Pregnant population at a tertiary care Hospital  | Agarwal Shubhra, Najam Rehana,<br>Chowdhary H.H. | International Journal of Scientific Study                | Feb 2015, Vol 2 (11) 67-69 |
| 5.  | Predictive value of cerebro placental ratio in detection of  | Najam R, Gupta Sarika, Shalini;                  | Journal of Obstetrics and                                | 2015                       |

|  | perinatal outcome in high risk pregnancies  |   | Gynaecology of India                                |  |
|--|---|---|---|--|
| 6.   | Clinico - pathological patterns in women with dysfunctional uterine bleeding  | Rehana Najam et al                                    | Iranian Journal of Pathology                        | Jan 2015   |
| <b>Case Report as Professor</b>            |   |   |   |  |
| Sr. No                                     | Title of paper  | Author's name   | Name of Journal                                     | Year, Vol. Page                                      |
| 7.   | Twin Pregnancy discordant for anencephaly with severe polyhydramnios  | Najam R:  | Journal of South Asian Feder Obst Gynae             | 2015; 1(1)   |
| <b>Publications as Associate Professor</b> |   |   |   |  |
| <b>Research Article</b>                    |   |   |   |  |
| Sr. No                                     | Title of paper  | Author's name   | Name of Journal                                     | Year, Vol. Page                                      |
| 8.   | Transvaginal Sonographic Assessment of Endometrium: A prospective Cohort Study,   | Suman Agarwal, Rehana Najam                           | International Journal of Scientific Study           | October 2014<br>Vol. 2 Issue - 7;<br>50-52.          |
| 9.   | Assessment of Bone health in pregnant women: A clinical Study.  | Rehana Najam, Najmul Huda, Ajay Pant, H.H. Chaudhary: | International Journal of Contemporary Surgery,      | 2014 Vol. 2(1)<br>64-66                              |
| 10.  | Comparing The Effect of Local Prostaglandin-E2 Gel and Intravenous Oxytocin in Induction of Labor: A Randomised Study:                    | Rehana Najam1,Sarika Gupta2                           | International Journal of Scientific c Study         | June 2014   Vol 2   Issue 3                          |
| 11.  | Maternal and fetal outcomes in elective versus emergency caesarean sections at a teaching hospital in north India. A retrospective study. | Najam R, Sharma R.                                    | J. of Adv Researches in Biological Sciences.        | 2013 vol.5 (1) 5-9                                   |
| 12.  | Assessment of osteoporosis in post menopausal women: A clinical study.  | Najam R, Huda N.                                      | NJOG.   | 2011 Vol.6(2) 11-13                                  |
| 13.  | A clinical study on oligohydramnios in the third trimester of pregnancy with special emphasis on the perinatal outcome                    | Jayati Nath, Maneesha Jain, Rehana Najam:             | Journal of Evolution of Medical and Dental Sciences | 2013; Vol2, Issue 39, September 30; Page: 7386-7391. |
| <b>Case Report as Associate Professor</b>  |   |   |   |  |
| Sr. No                                     | Title of paper  | Author's name   | Name of Journal                                     | Year, Vol. Page                                      |
| 14.  | Hydatid Cyst of Ovary.  | Rehana Najam, Reena Sharma:                           | International journal of Contemporary               | 2014 Vol. 2(1)<br>139-141                            |

|     |   |                                     |  |   |
|-----|---|-------------------------------------|--|---|
|     |   |                                     | Surgery  |   |
| 15. | Twisted Fimbrial Cyst (Paraovarian Cyst): A Rare Cause of Acute Abdomen,              | Monika Rathi, Rehana Najam, et al   | Clinical Medicine insights a case report               | 2013 Vol. 6 205-207                         |
| 16. | A Large Fibroma Polyp of Labia Majora-A Case Report.                                  | Najam R, Chowdhury HH, Awasthi S    | J Clin Case Rep  | (2013 3: 297. doi:10.4172/2165-7920.1000297 |
| 17. | Acute Abdomen in a patient with Rudimentary Horn,                                     | Rehana Najam, Sonali, Chowdhury HH: | <i>Sri Lanka Journal of Obstetrics and Gynaecology</i> | 2013 Vol 35(3) 90-91                        |
| 18. | Term pregnancy with gastroschisis presenting as prolapsed bowel loops: a case report. | Najam R, Jain M, Lalwani A et al    | NJOG   | 2013 Vol. 8(1);63-64. 63-64                 |

#### Publications as Assistant Professor

| Sr. No | Title of paper   | Author's name                           | Name of Journal                     | Year, Vol. Page           |
|--------|--|---|-------------------------------------|---------------------------|
| 19.    | Efficacy of traneximic acid in decreasing blood loss during and after caesarean section.   | R Sharma, R Najam, MK Mishra            | Biomedical and pharmacology journal | 2011Vol 4(1) 231-235.     |
| 20.    | Emergency obstetric hysterectomy : A retrospective study at a tertiary care hospital   | Najam R, Bansal P, Sharma R, Agarwal D. | J clin. And Diag. Research (JCDR)   | 2010 vol. 4(5)2864-2868.  |
| 21.    | Comparison of traneximic acid with a combination of traneximic acid and mefenamic acid in reducing menstrual blood loss in ovulatory dysfunctional uterine bleeding (DUB). | Najam R, Agarwal D, Tyagi R, Singh S.   | J clin. And Diag. Research (JCDR),  | 2010 vol. 4(5)3020-3025.. |

**A. Paper Presentation:-**

- 1) Paper Titled - "Role of traneximic acid in the management of post partum hemorrhage " in North Zone Yuva FOGSI Conference, 10th to 11th April 2004. at Faridabad.
- 2) Paper Titled - " Management of Adolescent D.U.B." at 16th Conference of U.P. Chapter of Obstetrics and Gynecology, held on 6th to 7th November at Agra.
- 3) Paper Titled - " Maternal and fetal outcomes in emergency versus elective caesarean section : a retrospective study." At 22nd Conference of U.P. Chapter of Obstetrics and Gynecology, held on 3rd to 5th December at Bareilly.

**B. Conferences / Workshops/CMEs/Symposia/Courses Attended: -**

- 1) North zone Yuva FOGSI Conference - Faridabad,2004.
- 2) 16th Conference of U.P. Chapter of Obstetrics and Gynecology, held on 6th to 7th November 2004, at Agra .
- 3) 22nd Conference of U.P. Chapter of Obstetrics and Gynecology held on 3rd to 5th December at Bareilly.
- 4) 52nd All India Congress of Obstetric & Gynecological societies of India- Jaipur, 2009
- 5) C.G. Saraiya CME, 52nd AICOG - Jaipur, 2009.
- 6) Medi update conducted by IMA Moradabad, 2010.
- 7) 23rd Conference of U.P. Chapter of Obstetrics and Gynecology held on 19th to 20th November at Bareilly.
- 8) Workshop on Educational science and technology of Medical education Unit. Held on 11th to 12th November,2011- Moradabad.
- 9) Workshop on research methodology for researchers Organised by Teerthanker Mahaveer University, May 2012.
- 10) Infertility update conducted by Vardhman trauma and laproscopy hospital, Muzaffarnagar held on 21st July.2013.
- 11) ORTHO SYMPOSIUM 2013, 27.10.2013 at Teerthanker Mahaveer Medical College & research Centre, TMU, Moradabad.
- 12) CME on Muscular Dystrophy, 31.08.2013 - 1.09.2013 at Teerthanker Mahaveer Medical College & research Centre, TMU, Moradabad.
- 13) Colposcopy workshop attended organised by UPCOG 2013 in Lucknow on 29<sup>th</sup> November 2013.
- 14) UPCON - 2013 UP chapter of obst. & Gynae 30<sup>th</sup> November to 1<sup>st</sup> December 2013 at Lucknow.
- 15) AICOG 2014 patna 30th Jan to 2<sup>nd</sup> feb 2014

16) Attended Basic course on Endoscopy organized by FOGSI from 19<sup>th</sup> to 25<sup>th</sup> May 2014

17) Infertility workshop on 29<sup>th</sup> Jan 2014 at AICOG 2014 Patna

18) Awarded ICOG Fellowship on Jan 26<sup>th</sup> 2014

19) Co-organising Chairperson, Spectrum 2016, 19<sup>th</sup> - 20<sup>th</sup> March 2016 at Mahaveer Medical College & research Centre, TMU

**C. Invited as Guest faculty**

1) 2<sup>nd</sup> Midterm CME of UP chapter of Obstetrics and Gynaecology on High Risk Pregnancy, AMU, Aligarh 16<sup>th</sup> April 2016.

2) O.T. technician refresher course held on 11<sup>th</sup> to 12<sup>th</sup> September 2015.

**D. Awards and Achievements -**

a. Awarded the "Best paper (Junior) "at the 16th Conference of U.P. Chapter of Obstetrics and Gynecology, held on 6th to 7th November 2004, at Agra.

b. Awarded fellowship of Indian College of Obstetricians and Gynecologist

c. Section Editor: Acta Medica International Journal P-ISSN 2349 A Medical Research Journal Research Journal of the Teerthanker Mahaveer Medical College & Research Centre, TMU. Indexed in Index medicus and other major data base.

a. Associate Editor: Annals of Medical and Dental Research an official Journal of the society of health care and research development, indexed in Index medicus.

b. Member Editorial Board, Journal of UP Chapter of Obstetrics and Gynaecology.

c. **Awarded fellowship in assisted reproductive technology** by the international Association of assisted reproductive technology May, 2016.

d. **Fellowship in minimal access surgery (FMAS)** by world association of laparoscopic surgeons May 2016.

**E. Administrative Experience:**

(a) Co-organising Chairperson, Spectrum 2016, 19<sup>th</sup> - 20<sup>th</sup> March 2016 at Mahaveer Medical College & research Centre, TMU

(b) **Organising Secretary**, Update on Carcinoma Cervix, 6.10.2013 at Teerthanker Mahaveer Medical College & research Centre, TMU, Moradabad.

(c) Working as **Prof. & Head**, Department of Obstetrics and Gynaecology, Teerthanker Mahaveer Medical College & research Centre, TMU, Moradabad w.e.f. 15/09/2014 to till date.

(d) **Incharge infertility centre** at Teerthanker Mahaveer Medical College & research Centre, TMU, Moradabad.

(e) **Coordinator MBBS 3<sup>rd</sup> Professional Part - 2** at Teerthanker Mahaveer Medical College & research Centre, TMU, Moradabad.

**F. As External Examiner**

○ MBBS Exam of J.N. Medical College, Aligarh Muslim University, Aligarh.

○ Evaluated three theses of Rohilkhand Medical College & Hospital of MJP Rohilkhand University, Bareilly for M.S. Obstetrics and Gynaecology.

- Member of board of studies of the department of Obstetrics and Gynaecology of J.N. Medical College, AMU, Aligarh.

**G. Invited as Guest Faculty:**

- Delivered Guest lecture on HELLP SYNDROME IN PIH in midterm symposium up Chapter of Obstetrics and Gynaecology on 16<sup>th</sup> April 2016, Aligarh.
- Moderator in Workshop on TLH, SPECTRUM 2016 20<sup>th</sup> March 2016 at Moradabad.
- Chairperson in Panel discussion on PPH spectrum 2016 workshop.
- Delivered a talk on increasing trends in caesarian section
- Delivered a talk on postmenopausal Osteoporosis n UPORTHOCON 2016.
- Panelist in PPH panel in UPCOG Ghaziabad 2015.
- Judge in free paper session in UPCOG 2014 Muzaffarnagar.
- Infertility workshop in UPCOG 2014 Muzaffarnagar.

**H. Membership:**

1. Life member of IMA
2. Executive Member of UP chapter of Obstetrics and Gyanecology.
3. Life Member of FOGSI LM0119
4. Member of Moradabad Obstetrics and Gynaecology
5. Member, world Association of Laparoscopic Surgeons