


CURRICULUM VITAE

Name:	Dr. Najmul Huda
Date of birth:	01-08-1974
Permanent/Postal address -	783/1Zaidi Nagar Society Meerut.(250001)
	
Registration Nos.:	MCI 19530.
Designation:	1. <i>Professor, Department of Orthopaedic Surgery</i> , Teerthanker Mahaveer Medical College, TMU, Moradabad - 244001 (U.P.) 2. <i>Deputy Medical Superintendent</i> , Teerthanker Mahaveer Medical College & Research Centre, TMU, Moradabad
Special interest	<u>Arthroplasty and Trauma.</u>

Educational Qualification-

- **M.B.B.S.**, August 1992 to Dec. 1997, J.N. Medical College, A.M.U., Aligarh.
- **M.S. Orthopaedics**, March 1999 to March. 2002, J.N .Medical College, A.M.U., Aligarh.

Professional Experience:- Rotatory Internship for one year from J.N. Medical College Hospital, A.M.U. Aligarh.

Total Professional Experience:

S.No.	Institute	University	Designation	From	to	Total Period up to 31/05/2017	* Benefit of publications given in promotion
1	J.N. Medical College, Aligarh	AMU, Aligarh	J.R.	16.03.1993	15.03.2002	3 Years	
2			S.R.	17.06.2003	08.02.2006	2Y 7M	
3	Muzaffarnagar Medical College, Muzaffarnagar, U.P		Assist. Prof.	01.09.2006	3.09.2007	1Y 3D	
4	Teerthanker Mahaveer Medical College & Research Centre, TMU, Moradabad	TMU, Moradabad	Assist. Prof.	04.09.2007	15.07.2011	3 Y from date of LOP to this college	
5			*Assoc. Prof.	16.07.2011	31.03.2013	1Y 8M 16D	Yes
6	S.H.K.M. Govt. Medical College, Nalhar Mewat		Assoc. Prof.	01.04.2013	20.05.2013	1M 20D	
7	Teerthanker Mahaveer Medical College & Research Centre	TMU, Moradabad	Assoc. Prof.	21.05.2013	04.09.2014	1Y 3M 14D	
8			**Professor	05.09.2014	To date	1Y 8M 26D	Yes
9	Hamdard Institute of Medical Sciences & Research, New Delhi		Professor	07.06.2016	26.08.2016	2M, 20D	
	Teerthanker Mahaveer Medical College & Research Centre	TMU, Moradabad	Professor	27.08.2016	Till Date	9 M 4D	
Total Teaching Experience in Orthopaedic, in various teaching hospitals.:						15Y 3M 13D	

Administrative Experience:

1. Organising Secretary, 1st TMU Cadaver Knee Arthroplasty course:

Held at Moradabad on 27th September 2015: This was a single day course targeted to develop surgical skills and understand the basic principles of knee arthroplasty, by young orthopedicians. The course was attended by 35 delegates. The faculty of the course were eminent arthroplasty surgeons from all over the country.

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2. Organising Secretary, UPORTHOCON 2015: 27th – 28th February & 1st March 2015:

This was the annual conference of U.P. chapter of Indian Orthopedic Association, organized by the department of Orthopedics, Teerthanker Mahaveer Medical College and Research Centre, T.M.U. the conference was attended by 635 delegates and 80 faculty members from all over the state and the country. A **cadaveric workshop on knee arthroscopy** was organised, which was the **first ever in the history of U.P. Orthopedic Association.**

3. Organising Secretary, CME on recent advances in Vascular & Endovascular Surgery, on 21.12.14 at TMU, Moradabad:

A single day event consisting of lectures. Faculty was from Sir Gangaram Hospital, New Delhi.

4. Associate Editor of Acta Medica International Journal Website: <http://www.actamedicainternational.com>

5. Associate Editor of Annals of International Medical and Dental Research ISSN (p): 2395-2814, ISSN (e): 2395-2822, Website: <http://www.aimdrjournal.com>

6. Working as a Deputy Medical Superintendent, Teerthanker Mahaveer Hospital and Research Centre w.e.f. August 2011.

7. Organising Secretary & Speaker, ORTHO SYMPOSIUM 2013, 27.10.2013 at Teerthanker Mahaveer Medical College & research Centre, TMU, Moradabad.

8. Routinely doing joint replacement, Spinal surgeries & all kinds of trauma

9. Member of Hospital Infection Control Committee in TMMC&RC, Moradabad

10. Chairman of Hospital Death Review Committee in TMMC&RC, Moradabad

11. Member of Socio Cultural Committee in TMMC&RC, Moradabad

12. Chairman of CME in TMMC&RC, Moradabad

13. Member of Research Publication Committee, TMMC&RC, Moradabad

14. Member, college Research Committee, TMMC&RC.

15. Member, Faculty recruitment committee, TMMC&RC.

16. Member, University Research and consultancy committee, TMU.

Professional accomplishments:

I have been associated with the Dept. of Orthopedics, TMMC&RC, right from the time of its inception. I was the key resource person who developed the entire curriculum of study initially for the M.B.B.S. program and later for the M.S.(Orthopedics) programme. I always believed in working as a team and took the department ahead in both the clinical and

academic aspects. I take pride in mentioning that I did many complicated surgeries for the first time in Moradabad, like total knee replacement, transthoracic decompression of spine, arthroscopic reconstruction of ACL and tumor surgery, to name of a few. I have the credit of being in the news headlines of leading regional dailies for my contribution in the field of Orthopedics. Being an avid researcher I have **35 publications** in peer-reviewed national and international journals of repute. I have organised many CMEs, Conferences, Workshops and Symposia. I was instrumental in designing the curriculum of study for M.S. (Orthopedics) at TMMC&RC, which started in 2015 with one PG seat and now the department boasts of nine PG seats. In order to take the post graduate teaching and training to another level I developed a **BONE SKILLS LAB** in the department. The lab provides “Hands on Training” of various Orthopedic surgical procedures to the postgraduate students . There are four working stations. Our residents are trained formally by a faculty member on every Thursday between 9A.M. to 10A.M. and they can further enhance their skills in the lab after 3 P.M. The lab is devoted to enhance surgeon’s education and skills through hands on training. Presently our department is providing state of the art, comprehensive and cost effective treatment of all musculoskeletal disorders.

Research Experience:-

1. Presented thesis titled “**A clinical study of cystic lesions of bone and their management.**”

Research Papers:-

Publications as Professor Research Article

Sr. No	Title of paper	Author’s name	Name of Journal	Year, Vol. Page
1.	Anatomical Single-Bundle Anterior Cruciate Ligament Reconstruction Using Medial Portal Technique.	Owais Ahmed Qureshi , Najamul Huda	Annals of International Medical and Dental Research	Vol (3), Issue (1) page 38-43
2.	Management of Tibial Spine Avulsion Fractures by Pull Through Suture Method.	Owais Ahmed Qureshi , Najamul Huda	Annals of International Medical and Dental Research	Vol (3), Issue (1) Page - 26-31
3.	Functional Outcome of Paediatric Diaphyseal fractures of femur treated with closed reduction and multiple K-wire fixation	Mohammad Aslam, Fauzia Rehman Khan, Julfiqar, Najmul Huda, Ajay Pant, Azad Khan	Annals of International Medical and Dental Research,	2016-Vol-2 Issue - 6 page 7-11
4.	An Assessment of Fate of CHA Blocks Used in the Cystic Lesions of Bone.	Pervaind Sharma, Asif Iqbal, Najmul Huda , Ajay Pant:	Annals of International Medical and Dental Research	2015, Vol (2), Issue (1) page 306-310
5.	Outcomes of percutaneous Medial – Lateral Cross pinning of the paediatric Supracondylar fracture of the Humerus.	Dr. Ajay pant, Dr. Najmul Huda , et al	International Journal in scientific study,	October 2015 Vol 3 Issue 7

6.	Outcome of discectomy by fenestration technique in prolapsed lumbar Intervertebral disc"	Mohammad Aslam, Fauzia Rehman Khan, Najmul Huda, Ajay Pant et al	Annals of International Medical and Dental Research	Oct - Dec 2015
7.	Chronic nonspecific musculoskeletal pain in adults with special reference to serum uric acid levels	Dr. Julfiqar, Dr. Ajay Pant, Dr. Najmul Huda, Dr. Mohd Aslam	Biomedical review: Journal of Basic & Applied Medical Sciences	April - June 15 vol 2 issue 2
8.	Posterior dislocation of hip with ipsilateral subtrochanteric fracture of femur in a child: a very rare case report	Dr. Julfiqar, Dr. Ajay pant, Dr. Najmul Huda, Dr. Mohd Aslam	International Journal of Surgery, Trauma & Orthopaedics	July - Sept. 2015 vol 1, issue 1
9.	Neglected Traumatic Posterior dislocation of hip in a seven year old Child: A rare case report	Julfiqar, Ajay Pant, Najmul Huda, Mohd. Aslam	International Journal of therapeutic Applications	2015 Vol 26, 24-26
10.	An Unexpected complication of residual fibular strut graft while performing a press fit hemiarthroplasty for a secondary nonunion fracture neck of the femur - A case report	Najmul Huda ¹ , Julfiqar ¹ , Ajay Pant ¹ , M.Aslam ¹	Journal of Orthopaedic Case report	July - Sep 2015, Volume 5, Issue 3, Page 45-47
11.	Benign Solitary Schwannoma of right Ulnar Nerve - A Case Report	Dr. Ajay Pant ¹ , Julfiqar ² , Najmul Huda ³ , M. Aslam	Acta; Medica International Journal	Jan - June 2015/Vol 2/Issue - 1

Publications as Associate Professor				
Research Article				
Sr. No	Title of paper	Author's name	Name of Journal	Year, Vol. Page
12.	Pattern of Orthopaedic injuries among patients attending the emergency department in a tertiary care hospital - An analytical study.	Huda N, Gupta P, Pant A et al.	Acta; Medica International Journal	2014;1(1):13-21
13.	Demographic Distribution of Pediatric Fracture at a tertiary Care Centre in Western U.P.	Ajay Pant, Najmul Huda, et al	International Journal of Contemporary Surgery,	Jan-June., 2014, Vol.2, No. 1
14.	Assessment of Bone health in pregnant women: A clinical Study.	Rehana Najam, Najmul Huda et al	International Journal of Contemporary Surgery,	Jan-June., 2014, Vol.2, No. 1
15.	Treatment of flexion contractures of knee by distraction technique: Our experience	G.L. Arora, N. Huda, Ajay Pant, et al	International Journal of Contemporary	2013. DOI, 10.5958/j2321-

			Surgery,	1024.2.1.021
16.	Late open reduction and internal fixation for fractures of lateral condyle of humerus in children: a clinical study"	Ajay Pant, Najmul Huda, et al	Journal of Evolution of Medical and Dental Sciences	2013; Vol. 2, Issue 41, October 14; Page: 4809-4815.
17.	<small>Closed reduction and percutaneous</small> 'K' Wire Fixation for Adolescent Intercondylar Fractures of the Distal Humerus	Julfiqar, Ajay Pant, N. Huda, Wasim Ahmed	Journal of Clinical and Diagnostic Research	2013 Aug, Vol-7(8): 1666-1668
18.	Osteoarticular Tuberculosis-A Three Years' Retrospective	Arathi N. Faiyaz Ahmad, Najmul Huda	Journal of Clinical and Diagnostic Research	13 Oct, Vol-7(10): 2189-2192.
19.	Demographic distribution of fractures at a tertiary care hospital in north India: A retrospective study	Huda N, Parekh P, et al	Journal of ortho. traumatology and rehabilitation	2012. vol5(1),
20.	Assessment of osteoporosis in postmenopausal women: A clinical study.	Najam R, Huda N.	Nepal Journal Obstetrics and Gynecology	2011 vol6 (2),:11-13.
21.	Cytherapy for Osteonecrosis of Hip Review Article	Najmul Huda1,Asif Iqbal2 ,Ajay Pant3,M Julfiqar2,Nitin Kumar Agarwal2,Pankaj Gupta4	Acta; Medica International Journal	2014; 1(1): 60--63
22.	A giant cervical spine osteochondroma in an adolescent female,	N. Huda, M Julfiqar, Ajay Pant, Tariq Jameel,	Journal of Clinical and Diagnostic Research	2014 May, Vol. 8(5)
23.	Neglected anterior dislocation of hip; A rare injury managed conservatively- A case report.	Siddiqui Y.S., Huda N, Quamer J.	Journal of ortho. traumatology and rehabilitation	2012. vol.5 (2),

Publications as Assistant Professor

Research Article

Sr. No	Title of paper	Author's name	Name of Journal	Year, Vol. Page
24.	Joshi's external stabilisation system in the management of proximal tibial fractures.	Huda N, Parekh P, et al	J ortho.traumatology and rehab. .,	2011. Vol.4 (3) p200-206
25.	The efficacy of epidural depo-methylprednisolone and triamcinolone acetate in relieving	Huda N, Bansal P, Gupta et al.	J. Of clinical and diagnostic research.	2010.4(4) p 2844-50.

	the symptoms of lumbar canal stenosis: A comparative study.			
26.	Role of high dose epidural methylprednisolone in lumbar canal stenosis: A prospective randomised control study.	Huda N, Bansal P, et al	Internet journal of pain, symptom control and palliative care	2010,8(1)
27.	Comparison of interscalene brachial plexus blockade by eliciting multiple point paresthesia and electrical nerve stimulation techniques: A prospective, randomized trial.	Bansal P, Chaudhry A, Gupta A, Ahmed MB, Garg GL, Huda N :	Internet j. Of Anaesthesiol.	2010 vol.23, no. 2.
28.	Management of type C intercondylar fractures of lower end humerus in adults: A clinical study	Agarwal S, Abbas M, Sherwani MKA, Huda N , et al.	JIMA	June, 2006, 104(6), p322-324
29.	"Comparison of the results of sinus track culture & sequestrum culture in chronic osteomyelitis",	AgarwalS, ZahidM, Sherwani MKA, AbbasM, Huda N , et al.	Acta Orthop. Belgica,	2005, 71,209-212.
30.	Calcaneal chondromyxoid fibroma-rare site of a rare tumor.	Siddiqui Y S, Huda N . Sherwani MKA:	J of orthopaedics.	2010 Vol.2no.1 p28-31.
31.	Giant cell reaction of a metatarsal bone: A case report.	Huda N , Shobit B, Asif N, Abbas M:	Acta Orthop. Belgica,	2007, 73/2, p 279-281.

Non Indexed Journals:

1. **"Epiphysiolysis of upper femoral epiphysis an unusual complication following fracture neck of femur – A case report."**, JBJD, V-19, Dec. 2003, P. 108-109.
2. **Functional results after treatment of central fracture dislocations by a combination of ateral and longitudinal traction.**J of Bone and Joint Diseases vol.21 Dec 2005.
3. **Tuberculosis of elbow joint masquerading as soft tissue tumor of forearm: A case report.** J of Bone & Joint Diseases, vol. 22 Dec. 2006.
4. **A comparative study of limited contact dynamic compression plate and dynamic compression plate in fractures of forearm bones.** J of Bone & Joint Diseases, vol 23. Jan. 2008.

Invited as Guest Faculty:-

- 1) Presented a talk as guest faculty at **UPOA trauma course Ghaziabad on 16th July 2017.**
- 2) Presented a talk as guest faculty at 41st Annual Conference of UP Orthopaedics Association, **UPORTHOCON 2017 at "Biomechanics of hip Arthroplasty" Gorakhpur from 24th March to 26th March 2017.**
- 3) Presented a talk as guest faculty **UP Postgraduate instructional course lecture 2016, Ghaziabad, Under the Aegis of UPOA "Hip Examination" at Ghaziabad on 11th - 13th November 2016.**
- 4) Presented a talk as guest faculty **40th Annual Conference of UP Orthopaedics Association "Pre Operative Planning And Assessment in TKA" at Meerut on 12th February 2016 - 14 February, 2016**
- 5) Presented a talk as guest faculty **40th Annual Conference of UP Orthopaedics Association "Carpal Tunnel Syndrome: Controversies in Diagnosis and Management Organised by Meerut Orthopaedic Club at Meerut on 12th February 2016 - 14 February, 2016**
- 6) Invited as a guest faculty in **UPPGICL "Biomechanics of Hip arthroplasty" - 2015 (UPOA) at Rohilkhand Medical College & Hospital on 9th to 11 October 2015, Bareilly**
- 7) Presented a talk as guest faculty in 1st TMU Cadaveric Knee Arthroplasty course Under the aegis of UPOA **"Pre Operative Planning and Assessment in TKA, at Moradabad on 27th September 2015.**
- 8) Presented a talk as guest faculty in **UAIOACON 2015** Uttrakhand Chapter of Indian Orthopaedic Association **"STEM CELL IN ORTHOPAEDICS at JIM Corbett (U.K) 3rd April to 5th April 2015 .**
- 9) **Guest lecture & Chaired session:** at CME on Neuro Muscular Dystrophy, 31.08.2013 - 1.09.2013 at Teerthanker Mahaveer Medical College & research Centre, TMU, Moradabad

Paper Presentation

1. Presented a paper on free paper session APOA Mumbai **"Tibial plateau fracture: Does an anatomic reduction really change the eventual outcome?"** from 13 to 15th March 2015
2. Present a paper on session A.K. Gupta Gold Medal, Paper titled **"Management of proximal tibial fractures by JESS, UPORTHOCON 2014"** at Jim Corbett National Park, Ramnagar.
3. Paper Titled - **"A clinical study of Cystic lesion of bone" in IOACON"**, at Patna.
4. Paper Titled - **"Late open reduction and internal fixation in fracture of lateral condyle of Humerus in Children UPORTHOCON"**, at Jhansi.

1. Conferences / Workshops/CMEs/Symposia/Courses Attended: -

1. Participated as Delegate as AIIMS Annual Orthopaedic Symposium - 2017 held at All India Institute of Medical Sciences, Rishikesh (U.K) on **23rd April 2017.**

2. Participated as Delegate **APOA Twin Arthroplasty events on 22th - 23rd October 2016** at Hotel Renaissance, Lucknow.
3. Attended 40th Annual Conference of UP Orthopaedics Association, UPORTHOCON 2016 at Meerut on 12th February 2016 - 14 February, 2016
4. Attended IIIrd Annual Conference of Indian Academy of Cytophologists (UP Chapter), UP CYTOCON 2015 held at TMU, Moradabad on 13.09.2015
5. Attended 37th Annual Zonal Conference of Indian psychiatric society central zone on 10.10.2015 to 11.10.2015 at TMU, Moradabad
6. Invited as a guest faculty in UPPGICL lecture - 2015 (UPOA) at Rohilkhand Medical College & Hospital on 9th to 11 October 2015, Bareilly
7. Attended 1st TMU Cadaveric Knee arthroplasty course on 27th Sept. 2015 at TMU, Moradabad.
8. Attended conference UAIOACON 2015 Utrakhand Chapter of Indian Orthopaedic Association at JIM Corbett (U.K) 3rd April to 5th April 2015 .
9. Attended 39th Annual Conference of UP Orthopaedic association UPORTHOCON 2015, from 27th - 28th February & 1st March 2015, Moradabad
10. Attended Congress of APOA, The 5th Congress of the Asia Pacific Trauma Society & 6th Infection Section Scientific Meeting, March 13-15, 2015 | Renaissance Mumbai Convention Centre Hotel, Mumbai, India
11. CME on recent advances in Vascular & Endovascular Surgery, as delegate on 21.12.14 at TMU, Moradabad
12. Attended AIIMS 3rd Arthroplasty Update 2014 NEW Delhi as delegate on 07.12.2014
13. Attended a 59th Annual conference of Indian Orthopaedic Association from 19th to 24th November 2014 Hyderabad as a delegate.
14. Attended a KT Dholakia CME on 19th November 2014. 59th Annual conference of Indian Orthopaedic Association Hyderabad as a delegate.
15. Attended 1st UPOA Arthroplasty course 2004 hosted by Ghaziabad Orthopaedic Club on 9th November 2014 as delegate.
16. Attended UPOA Midterm Symposium 2014 Held at Brijwasi Land Inn, Mathura on 14th September 2014 as Delegate.
17. Attended Workshop on 10th May 2014, Stryker's Primary hip Cadaver course at HIHT Jolly grant Dehradun.
18. Participate in Basic Knee Arthroscopy Course: CME & Workshop in Meerut, 27th April 2014.
19. Attended **UPORTHOCON 2014**, 38th annual conference of UP Orthopaedics association, Feb 7-9, 2014, Jim Corbett national park, Ramnagar,
20. Attended 58th Annual conference of Indian Orthopedic Association, held at Agra, 3rd to 9th December, 2013.
21. Organising Secretary, **ORTHO SYMPOSIUM 2013**, 27.10.2013 at Teerthanker Mahaveer Medical College & research Centre, TMU, Moradabad.
22. Attended Update on Carcinoma Cervix, 6.10.2013 at Teerthanker Mahaveer Medical College & research Centre, TMU, Moradabad.

23. Joint Organising Secretary, CME on Muscular Dystrophy, 31.08.2013 - 1.09.2013 at Teerthanker Mahaveer Medical College & research Centre, TMU, Moradabad.
24. Attended MEDICON 2013, Annual CME of IMA, Moradabad, 24.02.2013 at Teerthanker Mahaveer Medical College & research Centre, TMU, Moradabad.
25. Attended IOA ABBOTT Surgical training CME, 9th October 2011, at Lucknow.
26. Attended 34th Annual Conference of UP ORTHOPAEDIC ASSOCIATION, 19th to 21st February 2010
27. Attended 55th Annual Conference of IOA, held at Jaipur 9th to 14th December 2010.
28. Attended Symposium on Limb Salvage in Malignant Bone Tumours Held at JNMC AMU, Aligarh on 26th April 2009.
29. Attended Workshop on Spinal Instrumentation held on 1st to 3rd February 2008, at JNMC Aligarh.
30. Attended 31st Annual Conference of UP ORTHOPAEDIC ASSOCIATION, 16th to 18th February 2007 at Muzaffarnagar.
31. Attended 2nd International Symposium on Current Concepts in Lower Limb Arthroscopy held on 21st to 22nd April, 2007 New Delhi.
32. Attended CME Cum workshop on Pelvi Acetabular Fractures JNMC, AMU, Aligarh, 30th April 2006.
33. Attended 51st Annual Conference of Indian Orthopedic Association, 9th to 15th, November 2006 at New Delhi.
34. Attended 29th Annual Conference of UP ORTHOPAEDIC ASSOCIATION, 4th to 6th February 2005 at Jhansi.
35. Attended Joint Replacement Update, 2nd to 3rd October 2004 at Indraprastha Appollo Hospital, New Delhi.
36. Attended UP Chapter IOA MID Term Symposium, 22nd September 2001 at Mirzapur.
37. Attended 25th Annual Conference of UP ORTHOPAEDIC ASSOCIATION, 10th to 11th February 2001 at KGMC, Lucknow.
38. Attended 46th Annual Conference of Indian Orthopedic Association, 21st to 23rd, 2001 at Ahmadabad.
39. Attended First Postgraduate Instructional Course 30th March to 1st April 2001 at JNMC Aligarh.

2. Awards and Fellowship -

1. Awarded the "*Dr. M. Salman Ali Gold Medal*", for best performance in M.S. (Orthopedics) exam.
2. Awarded **fellowship** of Indian Orthopaedic Association WOC SICOT Fellowship - 2014.
3. Awarded Asia Pacific Orthopaedic Association "**Travelling Arthroplasty fellowship**" to Bangkok and & Singapore on 27th July to 13th August 2015.

3. Membership:

1. Life Member of Indian Orthopaedic Association : LM7700
2. Life Member of UP Orthopaedic Association: 1029
3. Life Member of Asia Pacific Orthopaedic Association
4. Life Member of Indian Medical Association.