

CURRICULUM VITAE



Dr. Rohit Kumar Varshney
5/233A, Gular Road, Aligarh,
India
Mobile No. -09897490444
drrohit.editor@gmail.com

Personal information

Sex : Male
Date of Birth : 04/01/1983.
Marital status : Married
Citizen : Indian
Father's Name: Mr. Anil Kumar Varshney
Category: General

Professional qualification:

Post graduation :M.D. in Anesthesiology
J.N.MedicalCollege, Aligarh Muslim University (2009-12).

Graduation: M.B.B.Sfrom J.N. Medical College, Aligarh Muslim University (2006)

Work Experience:

- Presently working as Associate Professor in Teerthankar Mahaveer Medical College from 27th June 2016.
- Four year teaching experience as Assistant Professor in Teerthankar Mahaveer Medical College from 25th June 2012 to 26th June 2016.
- 3 years training of anesthesia, including 3 months training in Intensive Care Unit, J.N. Medical College Hospital (1600 bedded) – 2009-12.
- 1 year internship from J.N. Medical College, AMU (2007).

Research Work: Done thesis during Post Graduation entitled “A randomised prospective study comparing the effects of fluid preloading and coloadng during spinal anesthesia for caesarean section”.

Achievements:

- **Editor-in-Chief** of **Annals of International Medical and Dental Research [Indexed in INDEX MEDICUS (IMSEAR)]**.
- **In Editorial Board of a Journal:** “**International journal of Basic Medicine and Clinical Research**”.
- Certified “**Basic Medical Education**” Instructor from **Regional Centre of Medical Council of India**.
- Life time Member of “**World Association of Medical Editors**” (WAME).
- “**CERTIFIED ACLS PROVIDER**” from Symbiosis Institute Of Health Sciences, Certified International Training Centre by American Heart Association, Pune.
- Provided anaesthesia for ENT, Orthopaedics and Plastic surgeries at a “**Camp organized by TATA chemicals**” at Babrala, U.P. (February 2011).

Publications:

1. Ahluwalia P, Ahluwalia A, Varshney R, Thakur S, Bhandari S. A Prospective Randomized Double Blind Study to Evaluate the Effects of Intrathecal Nalbuphine in Patients of Lower Abdominal Surgeries Under Spinal Anaesthesia. *Int J Sci Stud* 2015;3(3):19-23.
2. Varshney R. Microorganisms governing genetic makeup of mosquitoes; Threat to Human life!!!. *Ann. Int. Med. Den. Res.* 2015;1(2):47-8.
3. Varshney R. Alien Genes in Our Genome. *Ann. Int. Med. Den. Res.* 2015;1(1):1-2.
4. Varshney R, Sharma N, Malik S, Malik S. A cadaveric study comparing the three approaches for ulnar nerve block at wrist. *Saudi journal of anaesthesia.* Jan-March 2015.
5. Sharma N, Varshney R. Morphometry of stylomastoid foramen and its clinical implication in facial nerve block. *Saudi journal of anaesthesia.* April-June 2015.
6. Sharma N, Varshney R, Faruqi NA, Ghaus F. Supraorbital foramen-Morphometric study and clinical implications in adult Indian skulls. *Acta Medica International* 2014;1(1):6-9.
7. Khetan RV, Varshney R, Jain SK. Post Endo-tracheal Intubation Complications: A Prospective Observational Study. *Int J Sci Stud* 2014;2(7):129-131.
8. Varshney R, Jain G. Localized Urticaria with Intravenous Ondansetron: A case report. *Acta Medica International* 2014;1(1):39-40.
9. Malik S, Jamil SN, Malik S, Varshney R. Use of Airtraq optical laryngoscope for naso-tracheal intubation in anaesthetised patients. *Acta Medica International* 2014;1(1):41-2.
10. Jain G, Varshney R. Anaesthetic challenges in a patient presenting with huge cervical teratoma. *Saudi journal of anaesthesia* 2013;7:210-2.
11. Varshney R, Jain G. Comparison of colloid preload versus coload under low dose spinal anesthesia for cesarean delivery. *Anesthesia Essays and Researches* 2013;7:376-80.
12. Jain G, Varshney R, Sharma R, Nath J. Unsafe abortion: Addressing the Anaesthetic confronts. *Anaesthesia Essay and researches.* 2013
13. Jain G, Bansal P, Kumar R. Cliniquiz: Physiological changes during pregnancy. *Anaesthesia, pain & intensive care.* Accepted for May-July issue 2013.

14. Varshney R, Sharma N. Infraorbital foramen – Morphometric study and clinical application in adult Indian skulls. Saudi Journal for Health Sciences.
15. Sharma N, Varshney R, Ray S. Anatomic and anaesthetic considerations of greater palatine nerve block in Indian population. Saudi Journal for Medicine and Medical Sciences. Sept-Dec 2014.
16. Das B, Mitra S, Jamil SN, Varshney RK. Comparison of three supraglottic devices in anesthetised paralyzed children undergoing elective surgery. Saudi Journal of Anaesthesia 2012;6:224-8.
17. Das B, Jamil SN, Mitra S, Varshney RK. A prospective, randomized, Single-blinded, comparative study of Classic Laryngeal Mask Airway and proseal Laryngeal Mask Airway in pediatric patients. J Anaesthesiol Clin Pharmacol 2012;28:318-21.
18. Bhandari S, Haleem S, Habib SK, Sharma D, Varshney R, Ali QE. A randomised trial of epidural volume extension by sequential combined spinal epidural anaesthesia using three different techniques. Kuwait Medical Journal 2012;44(1):30-4.
19. Malik S, Jamil SN, Khan MM, Tantia P, Varshney R. “Three in one block”. An alternative to spinal/epidural in congenital epidural vertebral fusion. Indian Journal of Pain 2011;25:55-7.
20. Habib SK, Haleem S, Ansari MS, Varshney R. LORNOXICAM: In acute postoperative pain. The Indian Journal of Bio Research 2010;79(4):340-6.

Books Published:

- Varshney R. Effect of fluids on haemodynamics of parturients. Lambert publishers, Germany, 2013.
- Varshney R, Sharma N, Varshney A. Nerve blocks for oro-maxillo-facial surgeries. Lambert publishers, Germany, 2015.

Chapter in a Book Published:

- Jain G, Yadav DK, Kumar R. Brain herniation. I-concept press. Accepted. Under publication.

Presentation (Poster):

- Presented poster entitled “A randomised prospective study comparing the effects of colloid preloading and coloadng during spinal anesthesia for caesarean section.” at a National Conference “**SAARC 2011**” organized by Indian society of Anaesthesiologists, Bengaluru, India.

Presentation (Paper):

- Presented a paper entitled “A randomized prospective study comparing the effects of fluid preloading and co-loading during spinal anaesthesia for caesarean section.” at **3rd National conference of Association of obstetric Anaesthesiologists 2010** held at Shillong.
- Co Author: Bikramjit Das, Shahla Haleem, S.N. Jamil, Dheeraj Sharma, **Rohit Varshney**, “Sensorimotor and haemodynamic characteristics: Single shot spinal versus combined spine epidural anaesthesia with two different doses in elective caesarean section” at **3rd National conference of Association of obstetric Anaesthesiologists, 2010, Shillong.**
- Co Author: Chandni Maheshwari, Shahla Haleem, Aftab Ahmad, **Rohit Varshney**, “Single shot spinal anaesthesia versus combined spinal epidural anaesthesia for lower segment caesarean section” at **3rd National conference of Association of obstetric Anaesthesiologists, 2010, Shillong.**
- Co Author: Pratik Tantia, Shahjahan Bano, **Rohit Varshney**, “Peri-operative pregabalin for post operative pain relief in patients undergoing lower limb orthopedic surgery under spinal anaesthesia,” at a National Conference “**SAARC 2011**” organized by Indian society of Anaesthesiologists, Bengaluru, India.

Workshops/Seminar/Symposium/CME attended:

- Orthopaedics Symposium 2013 attended at Teerthankar Mahaveer Medical College & Research Centre, Moradabad.
- Annual IMA CME (Medicon 2013) attended at Teerthankar Mahaveer Medical College & Research Centre, Moradabad.
- CME on Muscular Dystrophy 2013 attended, organized by Teerthankar Mahaveer Medical College & Research Centre, Moradabad and Indian Association of Muscular Dystrophy (Western U.P. Chapter), Moradabad.
- CME on Update on Carcinoma Cervix 2013 attended, organized by Department of Obstetrics and Gynaecology, Teerthankar Mahaveer Medical College & Research Centre, Moradabad.
- “CRITICARE 2012” 18th Annual Congress of Indian Society of Critical Care Medicine and International Criticare Congress, Pune (February 2012), attended workshop as a delegate in the advanced Cardiac Life Support Provider Course.
- “BLS/ACLS provider Course” had participated as a delegate in Basic Life Support and Advanced Cardiac Life Support Course as a delegate at Symbiosis Institute Of Health Sciences, Certified International Training Centre by American Heart Association, Pune.
- Seminar on Emerging trends in the Management of Trauma (2012) attended, organized by Department on Surgery at J.N. Medical College, AMU, Aligarh.
- “Symposium On Cancer Pain And Palliative Care” J.N. Medical College, Aligarh (February 2011).
- Organizing Member of “INDO-US Emergency and Trauma Airway Course (ETAC)”, J.N. Medical College, AMU, Aligarh (August 2009).
- Workshop on “Supraglottic airway devices, Cricothyroidotomy, fiberoptic intubation, optimizing laryngoscopy and videolaryngoscopy”, TMC National conference, 2010, Mumbai.
- “USG guided nerve blocks, venous access and arterial access” workshop at J.N. Medical College, AMU, Aligarh (September 2010).
- “Workshop on Trigeminal Neuralgia” at J.N. Medical College, AMU, Aligarh (March 2010).

Conferences:

- “**CRITICARE 2012**” 18th Annual Congress of Indian Society of Critical Care Medicine and International criticare congress, Pune (February 2012).
- National Conference “**SAARC 2011**” organized by Indian society of Anaesthesiologists, Bengaluru, India.
- 3rd National conference of **Association of Obstetric Anaesthesiologists**, Shillong, 2010.
- TMC National conference on “**The difficult Airway**”, Tata Memorial center, Mumbai, 2010.

TRAINEE RESIDENT ANESTHESIA

(2009- 2012)

J.N.Medical College Hospital, A.M.U, Aligarh.

This rotation was part of the course requirement for obtaining my M.D. in Anaesthesia and was performed under guided supervision. The training program comprised of regular daily presentations on different anaesthesia related topics twice a week, journal presentation once a week, drug presentation once a week, case presentation once a week and morbidity/mortality case presentation once a week by trainee residents according to rota. The hospital has ten operation theatres for routine surgery and trainees were posted under consultants for three months who were rotated through different surgical theatres everyday on rota basis.

In addition to that I have been trained to provide provision of post-operative pain relief when requested. Monitored anaesthesia care for short procedures like MRI, CT scans etc. Assisting in painless labor, providing care in ICU, emergency anaesthetic services. Assisting in the Emergency room when required.

The training also included working in 10 bedded **ICU** on rotation basis. There I learnt about providing **ventilatory support** to the critically ill patients and weaning them off from it subsequently. I also learnt and practiced various procedures like putting **CVP line** and **arterial lines**, pleural and ascitic tap, reading **ABG reports** and managing them accordingly.

I have also received training in **pain clinic** for 3 months where I performed various nerve blocks.

References:

1. Prof. ShahlaHaleem, Consultant Anesthetist, J.N.Medical College Hospital, Aligarh-202002.India.

2 .Prof ShahjahanBano, Consultant Anesthetist, J.N.Medical College Hospital, Aligarh-202002. India.

3.Dr.Shahin N Jamil, Consultant Anesthetist, J.N.Medical College Hospital, Aligarh-202002. India.